

**Life is an interview:
Communicate an image of success!**



Quiz

1. What should you always do before you communicate with others?
2. What is the source of self-assurance, self-confidence, self-esteem, self-image, self-respect, and self-worth?
3. How does self-talk affect your overall health?
4. What are the three aspects of communication, either with yourself or with others?
5. What are the two parts of the vocalization aspect?
6. When creating first impressions, what are two of the three things your body language conveys?
7. What is one the four aspects of body language that affects our communication with others?
8. List two of the three things that are conveyed by the way you dress.
9. List two of the three things we display, project, or protect in teaching others how to treat us.
10. What is the source of success?